| | UČNI NAČRT PREDMETA/COURSE SYLLABUS |
|---|---|
| **Predmet** | **Javno zdravje** |
| **Course title** | ***Public Health*** |

| **Študijski program in stopnja**<br>**Study programme and level** | **Študijska smer**<br>**Study field** | **Letnik**<br>**Academic year** | **Semester**<br>**Semester** |
|---|---|---|---|
| Zdravstvena nega / 2. stopnja | Ni smeri študija | 1. letnik | 1. |
| Nursing Care / 2nd Cycle | No study field | 1st year | 1st |

| **Vrsta predmeta/Course type** | obvezni/obligatory |
|---|---|

| **Univerzitetna koda predmeta/University course code** | 2ZN 1 UN4 |
|---|---|

| **Predavanja**<br>**Lectures** | **Seminar**<br>**Seminar** | **Sem. vaje**<br>**Tutorial** | **Lab. vaje**<br>**Laboratory work** | **Teren. vaje**<br>**Field work** | **Samost. delo**<br>**Individ. work** | **ECTS** |
|---|---|---|---|---|---|---|
| 25 | | 30 | | | 155 | 7 |

| **Nosilec predmeta/Lecturer:** | izr. prof. dr. Branko Gabrovec<br>Učni načrt pripravil prof. dr. Ivan Eržen |
|---|---|

| **Jeziki/ Languages:** | **Predavanja/Lectures:** | slovenski/Slovenian |
|---|---|---|
| | **Vaje/Tutorial:** | slovenski/Slovenian |

| **Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti:** | **Prerequisites:** |
|---|---|
| • Vpis v prvi letnik študijskega programa.<br>• Študent mora pred izpitom pripraviti in predstaviti ter zagovarjati projektno/raziskovalno nalogo. | • A prerequisite for inclusion is enrolment in the first year of study.<br>• Student has to prepare, present and defend a project/research paper before the exam. |

| **Vsebina:** | **Content (Syllabus outline):** |
|---|---|
| • Temeljni pregled celotnega javnega zdravja in javnozdravstvenih konceptov v Sloveniji in v svetu.<br>• Organizirana prizadevanja družbe za ohranitev, krepitev ter povrnitev zdravja prebivalstva.<br>• Vpliv temeljnih določilnic zdravja, ki so na strani posameznika, naravnega in družbenega okolja.<br>• Pomen osnovnih funkcij javnega zdravja.<br>• Razvoj mednarodnih aktivnosti na področju javnega zdravja. | • An overview of the complete public health and its concepts in Slovenia and the world.<br>• Organized efforts of the society to preserve, strengthen and restore the health of the population.<br>• The impact of the fundamental determinants of health on the part of the individual, the natural and social environment.<br>• The importance of essential public health functions. |

| | |
|---|---|
| • Evropske aktivnosti, ki jih vodi WHO in EC na področju javnega zdravja ter glavni elementi evropske zdravstvene politike.<br>• Pomen merjenja nivoja zdravja prebivalstva ter izzivi v povezavi z neenakostjo v zdravju,<br>• zlasti bolj ogroženih/ranljivih skupin.<br>• Pomen izvajanja ukrepov za izboljšanje in ohranjanje zdravja prebivalstva. Koordiniranje in spremljanje izvajanja ukrepov za izboljšanje in ohranjanje zdravja prebivalstva.<br>• Evalvacija ukrepov za izboljšanje n ohranjanje zdravja prebivalstva, njihov učinkovitosti ter vlogi zdravstvene nege pri tem.<br>• Osnovni elementi sistema zdravstvenega varstva. | • The development of international activities in the area of public health.<br>• European activities led by WHO and EC in the field of public health and major elements of the European health policy.<br>• The importance of measurement of the health level of the population and the challenges associated with health inequalities, particularly of more vulnerable groups.<br>• The importance of performing measures for improvement of the population's health.<br>• Coordination and monitoring of the implementation of the measures to improve and maintain the population's health.<br>• Evaluation of measures to improve and maintain the population's health, their effectiveness and the role of nursing.<br>• Basic elements of the healthcare system. |

**Temeljna literatura in viri/Readings:**

**Temeljna literatura/Basic literature**

- Zaletel-Kragelj L., Eržen, I. in Premik, M. (2011). *Uvod v javno zdravje.* Ljubljana: Medicinska fakulteta UL.

**Priporočljiva literatura/Recommended literature**

- BurazerI, G. (ur.) in Zaletel-Kragelj, L. (ur.). *Health: Systems – Lifestyle – Policies A Handbook for Teachers, Researchers and Health Professionals.* 2nd edition, Volume I (http://www.seejph.com/index.php/seejph/article/view/166/125).
- Burazeri, G. (ur.) in Zaletel-Kragelj, L. (ur.). *Health Investigation: Analysis – Planning – Evaluation; Forum for Public Health in Southeastern Europe*. Vol II (http://www.seejph.com/index.php/seejph/article/view/167/126).

| **Cilji in kompetence:** | **Objectives and competences:** |
|---|---|
| *Temeljni cilj predmeta je študentkam in študentom posredovati osnovne vsebine s področja javnega zdravja, kar jim bo omogočilo oblikovanje širšega pogleda, razumevanje prepletenosti različnih dejavnikov tveganja, različnih okolij ter lastnosti posameznika pri patogenezi posameznih bolezni, kot tudi pomena širšega socialnega okolja pri zagotavljanju pogojev za ohranitev in povrnitev zdravja ter prepoznavanje vloge zdravstvene nege v okviru javnega zdravja.* | *The basic objective is to provide students with elementary public health topics in order to give them a broader perspective, enabling them to form a comprehensive view which is important for better understanding of the complexity and interdependency of different health determinants in the development and pathogenesis of the diseases, as well as in establishing the key prerequisites for health preservation and promotion, and* |

| | |
|---|---|
| *Učna enota prispeva predvsem k razvoju naslednjih splošnih in specifičnih kompetenc:*<br>• proučevanje sodobne teorije, modelov in konceptov ki opredeljujejo znanje na področju zdravstvenih ved, družboslovno-humanističnih ved in naravoslovno-matematičnih ved,<br>• analize kakovosti zdravstvene nege in posledično izboljševanje lastnega strokovnega dela na področju zdravstvene nege,<br>• celovito kritično razmišljanje, sposobnost analize, sinteze in predvidevanja rešitev s področij zdravstvenih ved, zdravstvene nege in medicine; družboslovnih in humanističnih ved, naravoslovno-matematičnih ter drugih ved (interdisciplinarnost),<br>• pedagoško vzgojno delo s poudarkom na skrbi za telesno in duševno zdravje,<br>• usposobljenost za razvijanje kulture nediskriminatornosti in spoštovanje medkulturnih razlik,<br>• interdisciplinarno uporabo znanja s področja metodologije raziskovanja v zdravstvu,<br>• elaboriranje in predstavitve individualno ali timsko pridobljenih dognanj,<br>• poznavanje značilnosti, prednosti in slabosti različnih konceptov zdravstvenih sistemov, zdravstvene in socialne zakonodaje,<br>• uporabo informacijskih sistemov v zdravstveni negi in zdravstvu. | *the role of nursing care in the frame of public health.*<br>*The learning unit mainly contributes to the development of the following general and specific competences:*<br>• studying contemporary theories, models and concepts defining knowledge in the field of health sciences, social and humanistic sciences, and natural and mathematical sciences,<br>• analysing the quality of nursing care and improve one's own professional work in the field of nursing care,<br>• comprehensive critical thinking, the ability to analyse, synthesise and predict solutions in the field of nursing care, humanities, educational, social, organisational, natural mathematical and other sciences (interdisciplinarity),<br>• pedagogical work with the emphasis on care for physical and mental health,<br>• the ability to develop the culture of non-discrimination and consideration of intercultural differences,<br>• interdisciplinary use of knowledge in the field of research methodology in health care,<br>• elaboration and presentation of individual and teamwork findings,<br>• identification of characteristics, advantages and weaknesses of different concepts of health systems, health and social care legislation,<br>• implementation of information systems in health care and nursing care. |

| Predvideni študijski rezultati: | Intended learning outcomes: |
|---|---|
| ***Študent/študentka:***<br>Študentke in študenti bodo:<br>• poznali definicije, vlogo in značilnosti javnega zdravja ter razvoj tega področja,<br>• razumeli osnovne interakcije med okoljem (socialno in biološko) in človekom ter njihov vpliv na zdravje,<br>• poznali pomen proučevanja populacije kot prispevek k zdravju posameznika,<br>• spoznali vlogo strokovnjakov, ki delujejo v sistemu javnega zdravja ter | ***Students:***<br>Students will:<br>• be acquainted with the definitions, role and characteristic of public health and its development,<br>• understand the basic interactions between the environment (social and biological) and humans and their impact on health,<br>• know the importance of studying the population as a contribution to the health of the individual, |

| | |
|---|---|
| drugih zdravstvenih delavcev pri doseganju ciljev javnega zdravja v Sloveniji,<br>• poznali pravne in etične okvire na področju javnega zdravja,<br>• razumeli principe na dokazih temelječega javnega zdravja,<br>• kritično pristopili k izzivom na področju izvajanja programov v okviru javnega zdravja v praksi,<br>• obvladali pristope pri medsektorskem delovanju ter mreženju organizacij, ki delujejo na področju krepitve zdravja,<br>• razpravljali o prednostih in izzivih, ki so povezane z medsektroskim in multidisciplinarnim sodelovanjem. | • be able to recognize the role of public health experts and other healthcare workers in achieving public health goals in Slovenia,<br>• know legal and ethical frames in public health,<br>• understand the principles of evidence-based public health,<br>• be able to critically approach the challenges in conducting public health programs,<br>• master the approaches in case of multisectoral activity and in networking in health promotion,<br>• discuss the advantages and challenges associated with cross-sectoral and multidisciplinary cooperation. |

| Metode poučevanja in učenja: | Learning and teaching methods: |
|---|---|
| • *predavanja* z aktivno udeležbo študentov (razlaga, diskusija, vprašanja, primeri, reševanje problemov),<br>• *seminarske vaje:* priprava, predstavitev in uspešen zagovor projektne/raziskovalne naloge,<br>• *konzultacije.* | • *lectures* with active student participation (explanation, discussion, questions, examples, problem solving);<br>• *tutorial:* preparation, presentation and a successful defence of a project/research paper,<br>• *consultations.* |

| Načini ocenjevanja: | Delež (v %) Weight (in %) | Assessment: |
|---|---|---|
| Načini:<br>• izpit<br>• izdelava, predstavitev in zagovor projektne/raziskovalne naloge<br><br>Ocenjevalna lestvica: ECTS. | <br>60 %<br>40 % | Types:<br>• exam<br>• preparation, presentation and defence of the project/research paper<br><br>Grading scheme: ECTS. |