	UČNI NAČRT PREDMETA/COURSE SYLLABUS
Predmet	**Javno zdravje**
Course title	**Public Health**

Študijski program in stopnja Study programme and level	Študijska smer Study field	Letnik Academic year	Semester Semester
Zdravstvena nega / 1. stopnja	Zdravstvena nega	2. letnik	3.
Nursing Care / 1st Cycle	Nursing Care	2nd year	3rd

Vrsta predmeta/Course type	Obvezni / obligatory
Univerzitetna koda predmeta/University course code	

Predavanja Lectures	Seminar Seminar	Sem. vaje Tutorial	Lab. vaje Laboratory work	Teren. vaje Field work	Samost. delo Individ. work	ECTS
30	/	15	/	/	30	3

Nosilec predmeta/Lecturer:	prof. dr. Ivan Eržen
Jeziki/ Languages: **Predavanja/Lectures:**	Slovenski / Slovenian
Vaje/Tutorial:	Slovenski / Slovenian

Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti:	**Prerequisites:**
Vpis v drugi letnik študijskega programa	The prerequisite for participation is enrolment in the 2nd year of study.

Vsebina:	**Content (Syllabus outline):**
Javno zdravje: - Opredelitev, zgodovinski mejniki, ključni koncepti, naloge in pristopi. - Javno zdravje in javnozdravstvena medicina, z dokazi podprto javno zdravje. - Javno zdravje v Sloveniji. ***Zdravje, bolezen, determinante zdravja in dejavniki tveganja***: - Opredelitve zdravja, dojemanje zdravja skozi čas, opredelitve bolezni, okvare in naravni potek bolezni. - Determinante zdravja, dejavniki tveganja. - Salutogeneza in patogeneza. - Modeli zdravja skozi čas.	***Public health:*** • Definition, historical milestones, key concepts and approaches. • Public health and public healthcare medicine, evidence-based public health. • Public health in Slovenia. ***Health, disease, determinants of health and risk factors:*** • Definition of health, perception of health over time, definition of the disease, failures and natural course of disease. • Determinants of health, risk factors. • Salutogenesis and pathogenesis. • Models of health through time. ***The study of health of the population***:

Proučevanje zdravja prebivalstva: - Namen, cilji in pristopi. - Epidemiološke in demografske metode, kazalniki zdravstvenega stanja prebivalcev. - Viri podatkov. - Aktualne raziskave o zdravju v Sloveniji. ***Zdravstveno varstvo****:* - Opredelitev, ravni, pravni, eticni in ekonomski vidiki. - Sistemi zdravstvenega varstva. - Organizacija zdravstvenega varstva/sistemi in organizacija zdravstvenega varstva v Sloveniji in v razvitih evropskih državah. - Slovenski model zdravstvenega zavarovanja/modeli zdravstvenega zavarovanja v razvitih evropskih državah. - Slovenska zakonodaja v zdravstvenem varstvu. - Strategije na področju zdravja v Sloveniji. ***Preventiva, pristopi in ukrepanja v javnem zdravju***: - Opredelitve, ravni in ciljne skupine preventive. - Zdravstvene strategije in politike. - Promocija zdravja, zdravstvena vzgoja in vzgoja za zdravje. - Državni presejalni programi v Sloveniji in njihov pomen z vidika varovanja zdravja. ***Javnozdravstveni problemi:*** - Veliki javnozdravstveni problemi v Sloveniji, razvitem in nerazvitem svetu. - Ukrepi za zmanjševanje javnozdravstvenih problemov z različnih vidikov (posameznik, lokalna skupnost, družba/država). - Ranljive skupine prebivalcev v Sloveniji. - Programi promocije zdravja za obvladovanje javnozdravstvenih problemov.	• The purpose, objectives and approaches. • Epidemiological and demographic methods, indicators of health status of the population. • Data resources. • Current research on health in Slovenia. ***Healthcare:*** • Definition, levels, legal, economic and ethical aspects • Healthcare systems. • Organisation of healthcare systems and healthcare organization in Slovenia and the developed European countries. • The Slovenian model of health insurance / health insurance models in the developed European countries. • The Slovenian legislation in healthcare. • Strategies in the field of health in Slovenia. ***Prevention, approaches and action in public health:*** • Definitions, levels and target groups of prevention. • Health strategies and policies. • Health promotion, healthcare education and education for health. • National screening programs in Slovenia and their significance in terms of health protection. ***Public healthcare problems:*** • Great public healthcare problems in Slovenia, the developed and undeveloped world. • Measures for reducing public healthcare problems from different perspectives (the individual, the local community, the society/country). • Vulnerable groups of the population in Slovenia. • Health promotion programs for controlling the public healthcare problems.

Temeljna literatura in viri/Readings:

- Zaletel-Kragelj, L., Eržen, I., Premik, M. (2011). *Uvod v javno zdravje*. Ljubljana:

Medicinska fakulteta, Katedra za javno zdravje.
- Health 21. The health for all policy framework for the WHO European Region. Copenhagen: WHO Regional Office for Europe, 1999. Dostopno na: http://www.euro.who.int/document/health21/wa540ga199heeng.pdf.
- Albreht T, Cesen M, Hindle D, Jakubowski E, Kramberger B, Kerstin Petric V, Premik M, Toth M. Health Care Systems in Transition: Slovenia. Copenhagen: WHO Regional Office for Europe on behalf of the European Observatory on Health Care Systems, 2002. Dosegljivo na: http://www.euro.who.int/document/E76966.pdf.

Cilji in kompetence:	**Objectives and competences:**
Učna enota prispeva k razvoju naslednjih splošnih in specifičnih kompetenc: - usposobljenost oceniti tveganje in aktivno promovirati zdravje in varnost za vseh ljudi v delovnem okolju, - koherentno obvladovanje temeljnega znanja, sposobnost povezovanja znanja z različnih področij, - razvoj veščin in spretnosti pri uporabi znanja na strokovnem področju preventivnega zdravstvenega varstva, - usposobljenost za prevzemanje odgovornosti pri profesionalnem delu, - usposobljenost za izobraževanje, vzgojo in mentorsko delo pri promociji zdravja, - sposobnost izobraževati in vzgajati za ohranjanje zdravja ter dobrega počutja zdrave in bolne populacije, družbene skupnosti, skupin in posameznikov, - sposobnost prepoznati in interpretirati znake normalnega in spreminjajočega se zdravja, - sposobnost spoštovati pacientovo dostojanstvo, zasebnost in zaupnost podatkov, - sposobnost uporabiti princip zdravja in varnosti,	*The learning unit mainly contributes to the development of the following general and specific competences:* • being able to evaluate the risk and actively promote health, improving work through the evaluation, in order to ensure the safety of all people in the working environment, • a coherent management of fundamental knowledge, the ability of integrating knowledge from different fields on which nursing care is based, • development of skills and talents in using knowledge in the professional environment; • the ability of taking responsibility in professional work, • capability for education, upbringing and mentorship in the area of health promotion, • being able to educate and raise for retaining health and well-being of both, the healthy and sick population, societies, groups and individuals, • the ability to recognize and interpret the signs of a normal or changing health status (nursing diagnosis setup); • being able to use the principle of health and safety.

Predvideni študijski rezultati:	**Intended learning outcomes:**

Znanje in razumevanje ***Študent/ka:***	***Knowledge and understanding*** ***Students:***
• spozna temelje javnega zdravja in epidemioloških metod, • spozna vplive dejavnikov tveganja in determinant zdravja na zdravje posameznika, • spozna osnovne modele zdravja, • pozna koncept salutogeneze in patogeneze, • spozna sistem, organizacijo in ekonomiko zdravstvenega varstva ter njegov pomen za zdravje prebivalstva, • spozna strategije na področju zdravja v Sloveniji, • prepozna ključne javnozdravstvene probleme v svetu in njihove ukrepe, • spozna različne nivoje ukrepanja za zniževanje bremena javnozdravstvenih problemov, • spozna pomen in delovanje državnih presejalnih programov v Sloveniji, • spozna pristope za varovanje, ohranjanje in krepitev zdravja prebivalcev, posebej v ranljivih skupinah prebivalstva, • spozna pristope programov promocije zdravja.	• know the foundations of public healthcare and epidemiological methods, • know the effects of risk factors and determinants of health on health of the individual, • meet the basic models of health • know the concept of salutogenesis and pathogenesis, • familiarize themselves with the system, organization and economics of healthcare and its importance for the health of the population • know the strategies in the area of healthcare in Slovenia, • recognize key public healthcare problems in the world and different levels of action • know the measures for reducing the burden on public healthcare problems • understand the importance and function of the National screening programmes in Slovenia, • knows the approaches for protection, onservation and enhancement of health of the population, especially with the vulnerable groups of the population, • know the approaches of the health promotion programmes.

Metode poučevanja in učenja:	**Learning and teaching methods:**
• *Predavanja* z aktivno udeležbo študentov (razlaga, diskusija, vprašanja, reševanje problemov). • ***Seminarske vaje***: priprava, predstavitev in uspešen zagovor seminarske naloge (reševanje problemov, računske naloge in razlage).	• *lectures* with active student participation (explanation, discussion, questions, examples, problem solving); • *tutorial:* preparation, presentation and a successful defence of a seminar paper (problem solving, calculation assignments and explanations).

Načini ocenjevanja:	Delež (v %) Weight (in %)	**Assessment:**
Načini: • izpit • izdelava, predstavitev in zagovor seminarske naloge Ocenjevalna lestvica: ECTS	70% 30%	Types: • exam • preparation, presentation and defence of the seminar paper Grading scheme: ECTS